

# Eiheiji Zen Hotel Hakujukan

## -A hotel where you can experience Zen and sooth your soul-



### Concept

Experience the world of “Zen” in the comfort of a ryokan-like temple lodging and its services

### Eiheiji (Fukui)

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Eiheiji Zen Hotel Hakujukan is a hotel that offers a Zen experience that soothes the soul. Guests achieve inner peace through Zen practices such as Zen meditation and transcribing sutras.

For meals, shojin-ryori (authentic Buddhist vegetarian cuisine) supervised by the Eiheiji temple chef is provided, and guests can enjoy dishes prepared with fresh local ingredients. The hotel is located in the midst of rich nature along the Eiheiji River, and Eiheiji cedar is used in the construction of the building. Guest rooms incorporate Echizen washi paper and local crafts, and are designed to blend traditional beauty with modern amenities.

## Eiheiji – where nature and history are in harmony

Eiheiji is known as the temple town of Eiheiji Temple, the main temple of the Soto sect of Zen Buddhism, which was founded by Dogen Zenji in 1244. Eiheiji Temple developed as a training center for Zen, and is an important location that attracts many believers and tourists.

This town is located in a beautiful valley through which the Kuzuryu River flows, and counts its rich natural environment and historic cultural resources among its charms. This area, where nature and history are in harmony, offers plenty of attractions when it comes to tourism and daily life.

### Eiheiji Zen Hotel Hakujukan

Half ryokan, half temple lodging, Eiheiji Zen Hotel Hakujukan aims to provide a Zen experience, allowing guests to experience the world of Zen through shojin-ryori (authentic Buddhist vegetarian cuisine) and Zen meditation.

Hakujukan is located in a very convenient spot right next to Eiheiji Temple, and is a 30-minute bus ride from Fukui Station.

Eiheiji Zen Hotel Hakujukan is a comfortable hotel where guests can experience the spirit of Zen, and is favored by many visitors seeking a Zen experience to go with their sightseeing trip.



## Zen Experiences

Guests can sooth their soul through Zen practices such as Zen meditation and transcribing sutras.

### ◆ Morning Service (Held at Eiheiji Temple)

Guests can participate in the Morning Service (morning chores) performed by many monks and trainee monks starting from early in the morning.

(From 4:00～7:00. If you wish to participate, please apply at the front desk when checking in.)

### ◆ Zen meditation experience

A roughly 20-minute Zen meditation experience held in the meditation hall or the main auditorium.

(Held around 15:30～16:30. If you wish to participate, please check in by 15:00)

## Shojin-ryori (Buddhist Vegetarian Cuisine)

For meals, authentic Buddhist vegetarian cuisine supervised by the Eiheiji temple chef is provided. Guests can enjoy dishes prepared with fresh local ingredients.

(For dinner, guests can choose between shojin-ryori or a Japanese-style meal based on shojin-ryori which includes meat and seafood (selection must be made in advance))



## Hotel Facilities

### ◆ The Way of Zen

The life of Dogen Zenji, who brought Zen to Japan, is depicted in nine paintings, beginning with his birth and continuing through his life.

### ◆ Zen Library

A book space lined with books on Zen, Zen meditation, shojin-ryori, and Eiheiji Temple. Guests can use this space freely.

### ◆ Zen Garden

A moss-covered natural garden overlooking Eiheiji Temple that looks like part of Mount Atago. Reflected in the picture window, it looks just like a painting.

### ◆ Zen Shop

A small store offering souvenirs such as sesame tofu and rice, commemorative items such as Wakasa-nuri chopsticks, which are a specialty of Fukui, and Hakujukan's original Japanese sweets.

## A comfortable environment for your stay

The hotel has a total of 18 rooms, including Japanese- and Western-style rooms, that offer modern comforts. The rooms are decorated with Echizen washi paper and local crafts, blending traditional beauty with modern amenities. Guests can also spend a relaxing time in the public bath area, which is equipped with an open-air bath. The public bath is designed to be a space that soothes the soul in the middle of nature.

